

Your **real PE** at home log in is now ready to share with your families! We're confident that your families are going to enjoy playing and learning together by having access to quality physical activity and family play opportunities.

The daily and weekly guidance will officially go live on Monday but families can still explore and go on their own adventure over the weekend if they wish. Even more content will be added over the next couple of weeks too!

Each school has their own unique email and password. Here are your details:

The website address is: **home.iasmineactive.com**

Parent email: parent@saviletown-1.com

Password: saviletown

Please find below suggested text to send to your families (this is the all the information before the video appears).

real PE at home – online learning resources

real PE at home includes an online programme which supports families to be active, play and learn together. It includes a programme specifically for children in Early Years and Key Stage 1 with 12 themes, 6 areas, over 250 activities and challenges and 1000s of hours of fun and activity. This programme is also great for family play and fun.

It also includes a programme for children in Key Stage 2, with daily and weekly guidance provided for both programmes (starting from next week) in addition to an option to choose your own themes and activities.

There are so many benefits to being active, not only to our physical wellbeing but also to our emotional and mental health, especially in such testing times for all of us. We hope that the ideas help support you and your family to stay fit and healthy in the coming months. Here are the details to access real PE at home:

The website address is: home.iasmineactive.com

Parent email: parent@saviletown-1.com

Password: saviletown

Click here to view more information to support you including a user guide and FAQs.

You can view what **real PE** at home looks like by clicking **here**.



Please do keep up us to date with how families are finding **real PE** at home. If you have any questions, please reply to this email or call us on 020 8863 0304 and we'd be more than happy to support you.

View more information View the schools' FAQs